



extra curricular activities

2025/2026

SEMESTER 2

INTRODUCTION

Welcome to another thrilling year of Extracurricular Activities (ECA) at St Andrew's International School!

As an accredited International Baccalaureate (IB) school, St Andrew's Extracurricular Activities are predicated on the IB's Creativity, Activity Service (CAS) Programme. Our team has designed its enrichment programmes in ways that support a balanced approach to global citizenship. To this end, we continue to devise and revise experiences that reflect our school's values: ethics, excellence, community, diversity, and lifelong learning.

Faculty members are at the core of our club offerings and have thereby committed to enthusiastic engagement of IB learners. From the arts to the environment, to athletics and mindfulness, our diverse and talented Early Learning Centre (ELC), primary, and secondary faculty provide a range of clubs and activities for all levels of learners.

With so many to choose from, students can rest easy knowing that they can rely on great advice through our One-to-One, counseling, and student-support programmes that can help them to choose extracurricular experiences. Students are expected to participate in at least one club at any given point during the school year. They are also encouraged to participate in the plethora of additional activities that will challenge and inspire them to be caring, thoughtful, balanced, risk-takers and lifelong learners.

Enzil Cooper
Extracurricular Coordinator

Excellence
Balance
Community

DEAR STUDENTS...

Together we rise, together we stand,
Internationally native in our Bahama land.
In learning, in service, in joy we find,
A community strong, with purpose aligned.

At St Andrew's International School, we are more than just a collection of classrooms—we are a community. And community, as one of our five core values, is the heartbeat of everything we do. It reminds us that learning is not just about me, but about 'we'. It's about standing side by side, discovering who we are, and making a difference together. This is where the International Baccalaureate Diploma.

CAS programme—Creativity, Activity, and Service—shines so brightly. CAS challenges you not only to excel academically, but also to grow as thinkers, leaders, teammates, and compassionate global citizens. And one of the most powerful ways to do that is by engaging fully in our extracurricular CAS and enrichment activities.

When you join a club—whether it's the school musical, Eco Club, Booksmart, Red Cross, Student Council, or one of our many creative and cultural activities—you are stepping into more than just a pastime. You are entering a circle of collaboration, a place where your talents can inspire others and where you, in turn, can be inspired. These clubs are not just "extra"—they are essential. They help you discover new passions, build friendships, and strengthen the fabric of our school.

Think about it: every time you share an idea in the Student Council, you practice leadership. Every time you play on a team, you learn resilience and teamwork. Every time you volunteer through service clubs, you learn empathy and responsibility. These are lessons that go beyond the classroom—they are life lessons, shaping you into the leaders and changemakers the world needs.

Our school believes in community, ethics, diversity, excellence, and lifelong learning—and every club experience reflects these values in action.

So take a step beyond your comfort zone. Join a club. Try something new. Be part of something bigger than yourself. Because when each of us contributes, we don't just enrich our own lives—we strengthen our community.

Alone we are sparks, but together we shine,
A circle unbroken, your hand in mine.
In service, in laughter, in learning we see,
The heart of St Andrew's—our strong community.



PRIMARY CLUB OFFERINGS

PRIMARY SCHOOL CLUBS SCHEDULE AT-A-GLANCE

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------------------------|--|---|--|--|--|
| Before School 7:30-8:00 | | | Breakfast Club (Paid) (Ms. Sturup) Juniors Athletics Club (Mrs. Hamilton) | | |
| ELC Lunchtime | ELC Dance Club (Mrs. Key) | | | | ELC Lego Club (Mrs. Knowles) |
| K&1 Lunchtime | Infants Playdough Club (Mrs. Dean & Mrs. Pratt) | | Little Chefs Club (Paid) (Ms. Sturup) | | Infant's Dance Club (Mrs. Bethel & Mrs. Burrows) |
| Juniors Lunchtime | K-Kids (Mrs. Ford & Ms. Sturup) Eco Club- snack time (Mrs. Hall and Ms Culmer) Just Own You Club (JOY Club) | Performing Arts Club (Mr. Carey) | Pickleball Club (Mrs. Hamilton) | Just Dance Club (Ms. Wacławski) Girls Empowerment Club (Mrs. Foulkes-Barnett) | Drawing Club (Mrs. Rolle) |
| After School 3:30-4:30 | Painting (Mrs. Rolle) Stay & Play Ms. Knowles | FUTPREP Soccer Golf Short Game Barracudas Swimming Red Cross Club | Little Chefs | FUTPREP Soccer Golf Short Game Barracudas Swimming | Fizz Pop Science Club (Paid) (Mr. Carey) |

*See Subsequent pages for club details

*Clubs dates subject to change

Drawing/Colouring Art Club

Grades 2-5

Day/Time: Friday, Lunch Time

Location: Room 20

Advisor: Robyn Rolle - robyn.rolle@st-andrews.com

Description: Students can relax while they draw or colour, also provides an opportunity for students to make up missed lessons.

ELC Dance & Movement

Day/Time: Monday, 12:30pm-1:00pm

Location: PK-1 Classroom

Advisor: Frances Key - frances.key@st-andrews.com

Description: Get moving and enjoy a variety of music. Dancing helps develop gross motor skills by increasing muscular strength, endurance, and aerobic fitness. It also improves coordination, agility, and flexibility. Most of all, have fun!

Fizz Pop Science (Paid)

PK-1-Grade 5

Location: Music Room

Day/Time: Friday afternoons

Session 1: Sept 5-Oct 10

Session 2: Oct 24-Nov 28

Cost: \$150 per session (fee includes all materials)

Advisor: Ivan Carey - ivan.carey@st-andrews.com

Description: Become a scientist every Friday afternoon! Create erupting volcanoes, slippery slime, floating eggs, walking water, tornadoes in a bottle, exploding balloons, ice cream, and much more! Each 5-week session ends with a science party, complete with snacks and games. Every session is unique and packed with new, exciting experiments!

Hurricanes Media Newsgroup

Grades 5–12

Day/Time: Wednesday, 3:30pm-4:00pm

Location: IT 3

Advisor: Letisha Paul - letisha.paul@st-andrews.com, Chad Strachan - chad.strachan@st-andrews.com,

Gordon McKenzie - gordon.mckenzie@st-andrews.com, Allan Francis - allan.francis@st-andrews.com

Description: From photography to writing and live reporting, this innovative group of journalists investigates and publishes the latest news, keeping the St Andrew's community informed, inspired, and in tune with the world. Covering feature stories, sports, fashion, academics, and extracurricular news, the Hurricanes Media Newsgroup showcases why St Andrew's is a winning institution. Hurricanes News Group: Your #1 Source of SAIS News!

Kindergarten Playdough Club

Kindergarten

Location: Kindergarten

Day/Time: Monday, Lunch Time

Advisor: Yvette Dean - yvette.dean@st-andrews.com, Zina Pratt - zina.pratt@st-andrews.com

Description: Welcome to our Kindergarten Playdough Club—a squishy, smile-filled space where little hands bring big imaginations to life! Each week, children explore colours, textures, and shapes while building fine motor skills and creativity. From wiggly worms to towering castles, there's no limit to what they can create. Our warm, caring environment encourages teamwork, self-expression, and lots of laughter. It's messy fun with a purpose—perfect for curious minds and joyful hearts. Come squish, roll, and play with us!

Lego

PK, PK-1, PK-2

Day/Time: Friday 10:30am-11:00am

Location: PK-2 room

Advisor: Jessica Knowles - jessica.knowles@st-andrews.com

Description: Design. Construct. Create. Let your imagination soar and come build with us!

Little Chefs (Paid)

PK1 - Grade 5

Location: Thrive Room

Day/Time: Wednesday, 3:15pm-4:15pm (starting Sept 3)

Duration: 6 weeks

Cost: \$185

Advisor: Señorita Sturup - kayleigh.sturup@st-andrews.com, Keva Bain – keva.bain@st-andrews.com

Description: Little Chefs is where kids discover the joy of cooking! Through fun, hands-on classes and kid-friendly recipes, students will learn to make cooking an exciting adventure. Please email us to confirm your interest and share any food allergies.

Painting Club (Paid)

PK-2-Grade 6

Location: Room 20

Day/Time: Monday, 3:00pm-4:15pm

Sessions:

Session 1: Sept 8 - Oct 27

Session 2: Nov 3 - Dec 15

Session 3: Jan 5 - Feb 16

Session 4: Mar 9 - Apr 27

Session 5: May 4 - June 8

Cost: \$180 per session

Description: During this club, students will learn to paint with both watercolours and acrylics. The club includes all materials needed.

Performing Arts Club

Grades 2-5

Day/Time: Tuesday, Lunch Time

Location: Primary Music Room

Advisor: Ivan Carey - ivan.carey@st-andrews.com

Description: Love to sing, act, or dance? Join the Performing Arts Club and be part of the magic in this year's Beauty and the Beast Jr. production! Everyone is welcome! Auditions are coming soon—don't miss your chance to shine and bring this beloved story to life!

ACTIVITY CLUBS

SEMESTER 2

Athletics Club

Grades 2-5

Day/Time: Wednesday, 7:30am-8am

Location: Meet outside the Swim pool

Advisor: Susan Hamilton - susan.hamilton@st-andrews.com

Description: Opportunity to improve fitness, speed and endurance. There will be throwing and jumping later in the term if there is interest. Boys and girls are welcome and no experience is necessary. Come to the sessions in suitable running shoes and clothes to workout.

Barracuda Swim Club –Children Learn-to-Swim & Fitness Program (Paid)* Times TBC

Day/Time: Tuesdays & Thursdays-Session Length/Cost: 6-week sessions – \$300 per swimmer

Session 1: 3:15-3:45 pm

Session 2: 3:45-4:15 pm

Session Start Dates (2025–2026): September 9, November 4, February 10, April 14

September 9 - 6 weeks - Tuesday & Thursday

November 4 - 6 weeks - Tuesday & Thursday

February 10 - 6 weeks - Tuesday & Thursday

April 14 - 6 weeks - Tuesday & Thursday

Location: St Andrew's Pool

Contact: 242-477-7553

Description: Barracuda Swim Club is committed to providing a safe and supportive environment where children develop water safety, swimming skills, and fitness. Certified coaches focus on proper technique, individual progress, and fostering a positive atmosphere to ensure every swimmer learns from qualified professionals who make safety and fun a priority.

Breakfast Club (Paid)

PK1-Grade 5

Location: Primary Spanish Room

Day/Time: Wednesday, 7:15am-8:15am (starting Sept 3)

Duration: 6 weeks

Cost: \$185

Advisor: Señorita Sturup - kayleigh.sturup@st-andrews.com, Keva Bain - keva.bain@st-andrews.com

Description: Start your day the right way with Breakfast Club! Come for early morning food, fun, and friends. It's the perfect way to fuel your body and mind for a successful day of learning. All students are welcome. Let's jumpstart the day together! Please email us to confirm your interest and share any food allergies.

Futprep Athletics – Soccer Training* Times TBC

Grades 1-12

Day/Time:

Grades 1-6: Tuesday & Thursday, 3:30pm-4:30pm (St Andrew's)

Grades 7-12: Tuesday & Thursday, 5:15pm-6:30pm (Winton Rugby Pitch)

Term Dates: September 9- November 20 (10 weeks)

Cost: \$350 per term

Contacts: Kiki- 786-574-1017, Coach Alex- 242-454-0998

Email: futprep@gmail.com

Description: Join Futprep Athletics for the 2025–2026 soccer training season! This program provides professional coaching in a fun, structured environment for students in Grades 1–12. Whether you're building skills, improving fitness, or preparing for competitive play, Futprep helps young athletes develop their game while fostering teamwork and sportsmanship.

Girls Empowerment Club

Grades 4-5

Location: Room 17

Day/Time: Thursday, Lunch Time

Advisor: Mrs Foulkes-Barnett - michelle.foulkes@st-andrews.com

Description: Come and bond, connect, support and uplift each other. We will learn about inspiring women around the world, practice teamwork and collaboration, and have opportunities to practice kind and generous acts with each other. When girls support each other we thrive!

Golf Bahamas (Paid)

Short Game Golf

Ages 5-17

TERM 2

January 6 – March 26, 2026

- 1 Day / Week – \$550
- 2 Days / Week – \$1,100

TERM 3

April 14 – June 18, 2026

- 1 Day / Week – \$500
- 2 Days / Week – \$1,000

Days: Tuesday & Thursday

Time: 3:30 PM – 5:00 PM Location: Golf Short Game Facility (Nassau East Entrance)

Advisor: Don Carroll - golfbahamasshortgame@gmail.com

Contact: 557-GOLF

Saturday Golf Clinic

Beginners Club

Saturdays:

- October 25 – December 13
- January 10 – March 28
- April 18th – June 13
- June 29th – August 14

Sessions:

- Junior Session: 1:00 PM – 2:00 PM
- Adult Session: 3:00 PM – 4:00 PM

Golf Summer Camp

Activities Include: Sports, Games, Movies

Location: Saint Andrew's International School Sporting Complex

Dates: June 29th – August 7th, 2025

Time: 9:00 AM – 1:00 PM

Cost: \$1,500 for 6 Weeks

Description: Short Game is a practice and training golf facility for juniors and adults. We provide outdoor and indoor golfing with state-of-the-art software. Choose from junior or adult group lessons, or private coaching available by appointment. Whether you're a beginner, intermediate, or advanced player, we can service your needs. Daily rates and membership packages are also available. Sign up today and train with us to play like a pro!

Just Dance

Grades 2-5

Location: Room 10

Day/Time: Thursday, Lunch Time

Advisor: Alyssa Waclawski - alyssa.waclawski@st-andrews.com

Description: Get moving with your favorite dance moves as we dance along to the popular game "Just Dance!"

Pickleball

Grades 2-5

Day/Time: Thursday, Lunch Time

Location: Junior Playground

Advisor: Susan Hamilton - susan.hamilton@st-andrews.com

Description: Come and play Pickleball on the primary courts. Learn the rules, practice skills and techniques, and develop your game. Boys and Girls are welcome and no experience is necessary.

Stay & Play After School Club (Paid)

Preschool-Kindergarten

Day/Time: Monday, 3:00pm-4:00pm

Duration/Cost: 6-week club-\$150 per child

Dates: September 1, September 8, September 15, September 22, October 6, October 20

Advisor: Jessica Knowles - jessica.knowles@st-andrews.com

Description: Our Stay & Play Club offers a fun, safe, and relaxed environment for young students to unwind and enjoy free play after school. Designed for Preschool through Kindergarten students, the club gives children the chance to socialize, explore, and engage in age-appropriate activities with friends

Eco Club

Grades 2-5

Day/Time: Monday, Snack Time

Location: Room 9

Advisor: Beth Hall - beth.hall@st-andrews.com, Elizabeth Culmer - elizabeth.culmer@st-andrews.com

Description: Make a positive change in your school and community! Learn about your environment and how you can help make it better for everyone. Help us get our next Green Flag. IF YOU'RE GREEN, JOIN OUR TEAM!

K-Kids of St Andrew's

Grades 2-5

Day/Time: Monday, 1:00pm-1:30pm

Location: Room 11

Advisors: Señorita Kayleigh Sturup - kayleigh.sturup@st-andrews.com

Mrs. Michelle Ford - michelle.ford@st-andrews.com

Description: Looking to make a positive impact in your community while having fun? Join Kiwanis Kids, the school club dedicated to service and leadership. Together, we organize projects and initiatives that benefit those in need, from volunteering at local organizations to fundraising for important causes. Develop valuable skills such as teamwork, empathy, and responsibility while building lasting friendships. Don't miss this opportunity to be the change you wish to see in the world!

Red Cross

Grades 3-12

Day/Time: Tuesday, 3:20pm-4:00pm

Location: School Cafeteria

Advisors: Janet Bridgewater, School Nurse - janet.bridgewater@st-andrews.com

Anita Darville - anita.darville@st-andrews.com, Martha Rahming - martha.rahming@st-andrews.com,

Juliet Maurice - juliet.maurice@st-andrews.com

Description: This club is a link to The Bahamas National Red Cross. Even though it's a service club, there are opportunities for creativity and Action. Students learn basic First Aid/CPR, healthy lifestyle practices and are sensitized to the plight of the less fortunate globally. They are encouraged to create ways and means to bring relief in such cases through fund-raising activities, visits to group homes and donations of food and clothing where applicable. Parents and guardians are also invited to participate at opportune times.

J.O.Y (Just Own You) Club

Grades 3-5

Location: Counselor's Office 18B

Day/Time: Monday, Lunch Time

Advisor: Pippa Sands - pippa.sands@st-andrews.com

Description: The J.O.Y. Club (Just Own You) is a safe, supportive, and uplifting space where students in Grades 3 to 5 build emotional awareness, self-confidence, and healthy coping strategies through fun, interactive activities. Each week focuses on a different aspect of mental health and well-being, helping kids learn to embrace who they are fully and joyfully.



SECONDARY CLUB OFFERINGS

SECONDARY SCHOOL CLUBS SCHEDULE AT-A-GLANCE

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|---|---|---|
| Before School 7:30-8:00 | | | | | |
| Morning Break | GGYA | Eco Club | Secondary Eco Executive | | |
| Lunch Break | Study Buddies Hurricane Hype Squad Book Smart Key Club French Enrichment | Study Buddies Art & Media Suncathers Yearbook Club **GGYA IBDP Bio Enrichment IBDP Chemistry | Study Buddies Gavel Club World Scholars Cup Choice IGCSE Chemistry Chamber Choir | Study Buddies Latin Dance Builders Club Library Leaders ESS Power Hour IBDP Math SL AA IBDP Math HL AA IBDP Math SL AI | Study Buddies Carib Creative Corner Dungeons & Dragons Student Council* Martial Arts Club |
| After School 3:30-4:30 | Study Buddies School Musical St Andrew's School Band Basketball Girls Soccer | Study Buddies Golf Swimming Red Cross Club | Study Buddies School Musical Boys Soccer | Study Buddies Golf Swimming | Study Buddies School Musical |
| Saturday | | | | | |
| Softball Baseball *Subject to Change ** Monthly | | | | | |

*See Subsequent pages for club details

*Clubs dates subject to change

Art and Media

Grade 8-11

Day/Time: Tuesday, Lunch Time

Location: Room 29 (Art Room)

Advisor: Sean Sears - sean.sears@st-andrews.com

Description: The club will promote artist skill building, collaborative production work, mural creations and teaching and interacting with younger artists in the primary school and the community at large. Club will have an emphasis on creative development and school and community outreach.

Carib Creative Corner

Grades 6-10

Day/Time: Friday, 1pm

Location: Primary Spanish Room

Advisor: Señorita Kayleigh Sturup - kayleigh.sturup@st-andrews.com

Description: This initiative will provide an opportunity for Carib secondary students to engage enrichment activities with younger peers in the Primary school, creating a supportive and fun environment while fostering leadership and mentoring skills among secondary students.

Dungeons & Dragons

Grades 6-12

Location: Room TBC

Day/Time: Friday, Time TBC

Facilitator: Gemma Smith - gemma.smith@st-andrews.com

Description: Dungeons & Dragons is a collective storytelling experience where imagination takes the lead. Students will create unique characters and use dice to determine the outcomes of their heroic actions while exploring fantasy worlds, uncovering hidden wonders, and battling fierce monsters. Become the hero of your own story!

Gavel Club

Grades 9-11

Day/Time: Wednesday, Lunch Time

Location: Room 25

Advisor: Alexia Tolas - alexia.tolas@st-andrews.com

Description: The Gavel Club is a dynamic student-led club designed to build confidence, communication, and leadership skills in a supportive and fun environment. Through interactive activities such as impromptu speaking, structured speeches, and leadership roles, members learn how to express themselves clearly, listen actively, and work as a team.

Beyond regular meetings, our club also prepares students to represent the school in local and international speech, debate, and video competitions, giving them the chance to showcase their talents on a bigger stage.

Whether you're looking to improve class presentations, prepare for future interviews, or simply find your voice, the Gavel Club provides a safe space to practice, grow, and shine.

Hurricane Hype Squad

Grades 7-12

Day/Time: Monday, Lunch Time

Location: Library 2 (Lewis's Room)

Advisor: Simone Lewis - simone.lewis@st-andrews.com, Althea Nixon - althea.johnsonnixon@st-andrews.com,

Ernesta Rodriques - ernesta.rodriques@st-andrews.com

Description: Want to bring the ENERGY? Want to belong to a student leadership group committed to promoting school spirit, unity, and pride? The Hurricane Hype Squad is all about school spirit! We lead chants, pump up the crowd, energize the Hurricane community and turn every pep rally into an unforgettable experience. If you've got school pride, a loud voice, or just love hyping people up, this is your chance to shine! Together, we'll cheer on our teams, spread positivity, and make every event full of excitement. Join the squad that brings the hype and keeps the spirit alive!

Latin Dance

Grades 6-12

Day/Time: Thursday, Lunch Time

Location: Room 42

Advisor: Johanna Brenes-johanna.brenes@st-andrews.com

Description: The Latin Dance Club is for students who wish to learn how to dance and perform salsa, merengue and folkloric dances. You can start learning from scratch and gradually progress to creating choreographies and preparing for shows with costumes.

School Musical - Beauty & The Beast

Grades: Primary & Secondary

Day/Time: Various times throughout the week (schedule published after auditions)

Location: Music Room, Arts Room, Hall

Advisor: Ivan Carey - ivan.carey@st-andrews.com,

Jackie Peterson - jackie.peterson@st-andrews.com

Enzil Cooper - enzil.cooper@st-andrews.com

Sean Sears - sean.sears@st-andrews.com

Raechel Knowles- raechel.knowles@st-andrews.com

Charmaine Thompson- charmaine.thompson@st-andrews.com

Vera Acquah-Wilson- vera.acquah-wilson@st-andrews.com

Description This is a combined Primary and Secondary school show of Beauty & The Beast. Students will have opportunities to sing, act, and dance on stage. In addition, there are roles available for those who would like to help with sets and backstage.

St Andrew's Chamber Choir

Grades 6-12

Day/Time: Wednesday, Lunch Time

Location: Music Room

Advisor: Jackie Petersen -jackie.petersen@st-andrews.com

Description: The chamber choir is a small choir of 12 to 16 members who sing in four part harmony. The chamber choir rehearses all year and performs at various concerts and special events.

St Andrew's Chamber Choir is a national award winning choir. Students who love to sing and perform are invited to audition.

St Andrew's School Band

Grades 6-12

Day/Time: Monday- 3:30pm to 4:30pm

Location: Music Room

Advisor: Jackie Petersen- jackie.petersen@st-andrews.com

Description: The instrumental ensemble is open to any student who has at least two years experience playing an orchestral string or band instrument. The ensemble plays for concerts and events throughout the year, including the National Arts Festival, in which the band has been recognized as past national winners. Students will learn a variety of music, such as classical, pop and jazz and develop ensemble performance skills.

Yearbook Club

Grades 9-11

Location: Counselor's Office 18B

Day/Time: Tuesday, Lunch Time

Advisor: Pippa Sands - pippa.sands@st-andrews.com, Eddisha Benjamin- eddissha.benjamin@st-andrews.com

Raechel Knowles-raechel.knowles@st-andrews.com

Description: The Yearbook Club is where creativity, teamwork, and school spirit come together to capture the best moments of the school year. Open to Grades 9-12, this club gives young editors, writers, designers, and photographers a chance to help create the official school yearbook. Club members will work together to: Brainstorm fun themes and page ideas.

Take photos of:

- school events
- students, and staff
- write captions, short articles, and student spotlights.
- design colourful layouts with user-friendly digital tools.
- help with organizing and finalizing the yearbook for printing

ACTIVITY CLUBS

SEMESTER 2

Barracuda Swim Club –Children Learn-to-Swim & Fitness Program (Paid) * Times TBC

Day/Time: Tuesdays & Thursdays-Session Length/Cost: 6-week sessions – \$300 per swimmer

Session 1: 3:15pm-3:45 pm

Session 2: 3:45pm-4:15 pm

Session Start Dates (2025–2026): September 9, November 4, February 10, April 14

September 9 - 6 weeks - Tuesday & Thursday

November 4 - 6 weeks - Tuesday & Thursday

February 10 - 6 weeks - Tuesday & Thursday

April 14 - 6 weeks - Tuesday & Thursday

Location: St Andrew's Pool

Contact: 242-477-7553

Description: Barracuda Swim Club is committed to providing a safe and supportive environment where children develop water safety, swimming skills, and fitness. Certified coaches focus on proper technique, individual progress, and fostering a positive atmosphere to ensure every swimmer learns from qualified professionals who make safety and fun a priority.

Basketball

Grades: 7-12

Location: Courts

Day/Time: Monday

Advisor: Ed Robinson - ed.robinson@st-andrews.com

Description: An opportunity to develop skills and play basketball while connecting with students from other secondary year groups who share a love for the game. Open to all, regardless of experience or ability. Training will prepare students for this year's BAISS basketball season, where we aim to build on last year's achievements and pursue even greater success.

Boys Soccer

Grades: 7-12

Location: Field

Day/Time: Wednesday, after school

Advisor: Shaun Burningham - shaun.burningham@st-andrews.com

Description: An opportunity to develop skills and play soccer while connecting with boys from other secondary year groups who share a passion for the beautiful game. Open to all, regardless of experience or ability. Training will prepare students for this year's BAISS soccer season, with hopes of surpassing last year's accomplishments.

Softball/Baseball

Grades: 7-12

Location: Field

Day/Time: Saturday afternoons

Advisor: Shaun Burningham - shaun.burningham@st-andrews.com, Ed Robinson - ed.robinson@st-andrews.com, Kathryn Carswell - kathryn.carswell@st-andrews.com, Susan Hamilton - susan.hamilton@st-andrews.com

Description: An opportunity to develop skills and play softball/baseball while engaging with students from other secondary year groups who share a passion for the sport. Open to all, regardless of previous experience or ability. Training will prepare students for this year's BAISS softball/baseball season, with the goal of building on last year's success and achieving even more.

Garden Club

Grades: 6–12

Day/Time: Wednesday, Lunchtime

Location: Drama Lab

Advisor: Enzil Cooper – enzil.cooper@st-andrews.com

Description: The SAIS Gardening Club welcomes all SAIS teachers and students. Participants are encouraged to share their strengths, interests, skills, crops, and ideas related to environmentally responsible gardening and food security.

Short Game Golf

Ages 5-17

TERM 2

January 6 – March 26, 2026

- 1 Day / Week – \$550
- 2 Days / Week – \$1,100

TERM 3

April 14 – June 18, 2026

- 1 Day / Week – \$500
- 2 Days / Week – \$1,000

Days: Tuesday & Thursday

Time: 3:30 PM – 5:00 PM Location: Golf Short Game Facility (Nassau East Entrance)

Advisor: Don Carroll - golfbahamasshortgame@gmail.com

Contact: 557-GOLF

Saturday Golf Clinic Beginners Club

Saturdays:

- October 25 – December 13
- January 10 – March 28
- April 18th – June 13
- June 29th – August 14

Sessions:

- Junior Session: 1:00 PM – 2:00 PM
- Adult Session: 3:00 PM – 4:00 PM

Golf Summer Camp

Activities Include: Sports, Games, Movies

Location: Saint Andrew's International School Sporting Complex

Dates: June 29th – August 7th, 2025

Time: 9:00 AM – 1:00 PM

Cost: \$1,500 for 6 Weeks

Description: Short Game is a practice and training golf facility for juniors and adults. We provide outdoor and indoor golfing with state-of-the-art software. Choose from junior or adult group lessons, or private coaching available by appointment. Whether you're a beginner, intermediate, or advanced player, we can service your needs. Daily rates and membership packages are also available. Sign up today and train with us to play like a pro!

Girls' Soccer

Grades 6-12

Day/Time: Monday, 3:30pm-4:30pm

Location: Field

Advisor: Kathryn Carswell - kathryn.carswell@st-andrews.com

Description: An opportunity to develop skills and play soccer, whilst mixing with girls from other secondary year groups who share a love for the beautiful game. This club is open to all girls, regardless of previous soccer experience or ability. We will be training to prepare for this year's BAISS soccer season, which we hope will bring even more success following last year's achievements.

Martial Arts Club

Day/Time: Friday, Lunch Time

Location: Room 28

Advisor: Kathryn Carswell - kathryn.carswell@st-andrews.com

Description: The Martial Arts Club is a dynamic and empowering space where students build confidence, discipline,

and respect while learning practical self-defense skills. Members are introduced to a variety of martial arts techniques that promote physical fitness, focus, and mental resilience. Through structured training, teamwork, and goal-setting, students develop strength, coordination, and perseverance in a supportive and inclusive environment. Whether you are a complete beginner or have prior experience, the Martial Arts Club offers an exciting opportunity to grow, challenge yourself, and cultivate lifelong skills both on and off the mat.

Suncatchers Craft Club (Paid)

Grades 6-10

Day/Time: Tuesday, Lunch Time

Location: Room 40

Advisor: Tammy Ali-Burrows - tammy.ali-burrows@st-andrews.com

Cost \$100.00 (10 Weeks - Start Date TBC)

Description: The Suncatchers Craft Club is a creative and relaxing space where students explore art through color, light, and design. Members create beautiful suncatchers using a variety of materials and techniques while developing fine motor skills, creativity, and an appreciation for artistic expression. The club encourages imagination, patience, and pride in handmade work, making it perfect for beginners and experienced crafters alike. Finished pieces can be displayed to brighten classrooms, windows, and shared spaces with vibrant, light-catching designs. Craft club where we make sun catchers and beaded jewelry.

Builders Club

Grades 6-8

Day/Time: Thursday, 1:00pm-1:40pm

Location: Room ICT1

Advisors: Ernesta Rodriques - ernesta.rodriques@st-andrews.com

Althea Johnson-Nixon - althea.johnson-nixon@st-andrews.com

Description: Builders Club membership is open to middle years/middle school students who want to help others and learn how to be leaders in their school and community. Members explore their talents, develop empathy, and gain skills such as teamwork, problem-solving, public speaking, planning, marketing, and fundraising. They learn about community needs and carry out high-quality service projects while discovering that everyone can lead in both big and small ways.

Secondary Eco Executive

Grade 11

Day/Time: Wednesday, 10:30am-10:45am

Location: Library

Advisor: Beth Hall - beth.hall@st-andrews.com, Sophia Butler - sophia.butler@st-andrews.com

Description: Gain leadership experience by raising awareness on environmental issues, expanding your knowledge of an eco-friendly lifestyle, and teaching others how to care for the planet.

Eco Club

Grades 6-10

Day/Time: Tuesday, 10:30am-10:45am

Location: Library

Advisor: Beth Hall - beth.hall@st-andrews.com, Ernesta Rodriques - ernesta.rodriques@st-andrews.com,

Rachel Robinson, rachel.robinson@st-andrews.com

Description: Are you a photographer? A videographer? Interested in interviewing people who care for our planet? Join Eco Club and use your skills to support a more sustainable community! IF YOU'RE GREEN, JOIN OUR TEAM!

Key Club

Grades 9-12

Day/Time: Friday, 1:00pm-1:40pm

Location: Drama Lab

Advisor: Enzil Cooper - enzil.cooper@st-andrews.com

Description: Key Club is an internationally recognized Service Leadership Program, sponsored by a local Kiwanis Club. This new program will be chartered this school year, providing students with opportunities to showcase civic agency as part of Kiwanis International®. All students are invited to join the Kiwanis movement to make a difference in their school, local, and international communities.

Library Leaders

Grades 7-10

Day/Time: Thursday, 1:00pm-1:30pm

Location: Library

Advisor: Jennifer Taylor - jennifer.taylor@st-andrews.com

Description: Love to read? Can you recommend good books? Can you organize? Join Library Leaders! Help create book displays, recommend new books and materials, write book reviews, and keep the library organized by checking in and shelving books.

BookSmart

Day/Time: Monday (Executives): 1:00pm-1:40 pm, Wednesday (Club Meeting): 1:00pm-1:40pm

Location: Room 27

Advisor: Andrea Palmer - andrea.palmer@st-andrews.com

Description: BookSmart strives to expand the love of learning and reading to children and adults throughout The Bahamas—and hopefully the world. The group sources and fundraises to ensure that books are delivered to those who need them most.

Red Cross

Grades 3-12

Day/Time: Tuesday, 3:20pm-4:00pm

Location: School Cafeteria

Advisor: Janet Bridgewater, School Nurse - janet.bridgewater@st-andrews.com

Anita Darville - anita.darville@st-andrews.com, Martha Rahming - martha.rahming@st-andrews.com,

Juliet Maurice - juliet.maurice@st-andrews.com

Description: This club is a link to The Bahamas National Red Cross. Even though it's a service club, there are opportunities for creativity and Action. Students learn basic First Aid/CPR, healthy lifestyle practices and are sensitized to the plight of the less fortunate globally. They are encouraged to create ways and means to bring relief in such cases through fund-raising activities, visits to group homes and donations of food and clothing where applicable. Parents and guardians are also invited to participate at opportune times.

Student Council

Grades: 6-12

Day/Time: TBC

Location: Room TBC

Advisors: Janice Gaitor - janice.gaitor@st-andrews.com, Crystal Gomez - crystal.gomez@st-andrews.com

Description: Student Council is a student-led organization that promotes leadership, fellowship, and unity in our school and community. The council develops projects to meet the needs of students, faculty, staff, and the wider community.

ESS Power Hour

Grade 12

Day/Time: Thursday, Lunch Time

Location: Science lab

Advisor: Sophia Butler - sophia.butler@st-andrews.com

Description: Join our ESS Lunchtime Revision Classes!

These focused sessions will help you review key concepts from Environmental Systems & Societies and prepare for upcoming exams. We'll break down tricky topics, practice IB-style questions, and work through case studies together. Bring your lunch, your questions, and your notes—we'll make the most of the time to boost confidence and strengthen exam skills. Open to all ESS students who want extra support in mastering the course content.

French Enrichment (Semester 2)

Grades 9-12

Day/Time: Monday, Lunch Time

Location: 43

Advisor: Lea Camille - lea.camille@st-andrews.com

Description: Do you want to explore French in a fun and creative way? The French enrichment club is the place to practice beyond the classroom. Each week, we'll dive into activities like films, music, games, cooking, and culture. Sometimes, we'll work on small projects such as a mini-magazine, a short play, or even a podcast. It's a relaxed space to boost your confidence, discover French-speaking cultures, and share your creativity. Join us and make French come alive!

G12 IB Math SL AA Enrichment

Grade 12

Day/Time: Thursday, Lunch Time

Location: Room30

Advisor: Crystal Gomez - crystal.gomez@st-andrews.com

Description: The Math IB AA SL Enrichment Club is designed to support students in strengthening their understanding of key concepts while preparing for upcoming assessments and exams. Through targeted practice, problem-solving sessions, and collaborative discussions, students will deepen their grasp of challenging topics and develop effective strategies for tackling IB-style questions. The club focuses on enhancing confidence, improving exam techniques, and reinforcing core skills needed for success in the IB SL Mathematics course. It provides a supportive environment where students can ask questions, clarify doubts, and extend their learning beyond the classroom.

GGYA

Grades 8-12

Day/Time: Monday (Snack, 10.30am-10.45am) plus first Tuesday of each month at lunch

Location: ICT

Advisor: Kathryn Carswell - kathryn.carswell@st-andrews.com

Description: This internationally recognized qualification, the Governor General's Youth Award is an amazing experience that changes young peoples' lives for the better! The GGYA is your opportunity to take part in the ultimate adventurous journey, whilst gaining a huge range of skills and boosting your college application.

Grade 12 IB Math AA HL Enrichment

Grades 12

Day/Time: Thursday, Lunch Time

Location: 33

Advisor: Gemma Smith - gemma.smith@st-andrews.com

Description: These sessions will enhance the HL preparation for examination content, IA proposals and furthering the foundational understanding of the Diploma content. Working on topics to enhance learning in lessons, and become integral to the Internal Assessment process. Exploration of the current material in-depth, through discussion and studying of further concepts. To facilitate smooth transitions between classroom topics and the club, additional assignments will be covered and issued. Members will walk away with more real life connections to Higher Level mathematics concepts.

IB Biology Examination Prep Sessions

Grade 12

Day/Time: Wednesday, Lunch Time

Location: Room 52

Advisor: Rachel Robinson - rachel.robinson@st-andrews.com

Description: The IB Biology Examination Prep Sessions are focused, supportive sessions designed to help students feel confident and well-prepared for IB assessments. These sessions review key syllabus content, clarify challenging concepts, and provide targeted practice with IB-style exam questions. Students will develop effective exam strategies, strengthen data analysis and evaluation skills, and receive guidance on command terms, mark schemes, and time management. Ideal for students seeking reinforcement or a confidence boost before exams, the IB Biology Examination Prep Sessions help turn knowledge into strong performance.

IBDP Chemistry Enrichment

Grade 12

Day/Time: Tuesdays Lunch Time

Location: Chemistry Lab

Advisor: Danah Weech - danah.weech@st-andrews.com

Description: This club will focus primarily on revision of year one IB Chemistry topics, examination revision strategies and timed past paper question completion. It will not involve introducing new content, but rather the application of old content to confidently answer IB examination questions.

IGCSE Chemistry

Grade 10

Day/Time: Wednesdays Lunch Time

Location: Chemistry Lab

Advisor: Danah Weech - danah.weech@st-andrews.com

Description: This session will focus on IGCSE Examination readiness. More specifically, revision of year 1 concepts and completion of past paper questions.

Grade 10 IGCSE Math

Day/Time: Tuesday, Lunch Time (12:45–1:45)

Location: Room 33

Advisor: Gemma Smith – gemma.smith@st-andrews.com

Description: The IGCSE Mathematics Enrichment Class is designed to challenge and support students who want to strengthen their mathematical thinking and excel in their studies. The class focuses on deepening understanding of key IGCSE topics through problem-solving, exam-style questions, and real-world applications. Students develop logical reasoning, accuracy, and confidence while exploring advanced techniques and effective exam strategies. Ideal for learners aiming to improve performance or push beyond the standard curriculum, the IGCSE Mathematics Enrichment Class encourages curiosity, persistence, and success in mathematics.

Grade 12 IB Maths SL AI Enrichment

Grade 12

Day/Time: Thursday, Lunch Time

Location: Room 32

Advisor: Moira Smith - moira.smith@st-andrews.com

Description: This club is designed to help Grade 12 students strengthen their skills and build confidence in preparation for their IB Mathematics: Applications and Interpretation (AI) SL assessments and final exams. Each session will provide targeted support with past paper practice, problem-solving strategies, and revision of key concepts. Students will have the opportunity to ask questions, review challenging topics, and collaborate with peers in a sup-

portive learning environment. The goal is to equip every student with the tools and techniques needed to succeed in both internal assessments and final examinations.

Study Buddies

Grades 6-12

Day/Time: Monday-Friday

1:00-1:30 pm

3:30-4:30 pm

Location: Library

Advisor: Jennifer Taylor - jennifer.taylor@st-andrews.com, Enzil Cooper - enzil.cooper@st-andrews.com

Virginia Anderson - virginia.anderson@st-andrews.com, Simone Lewis - simone.lewis@st-andrews.com

Description: Study Buddies is a peer-tutoring program designed to help students set and achieve academic targets. Buddies are matched according to academic needs and strengths. Tutors (Grades 9–12) are usually at least one grade level above their buddies. Together, partners work on homework, extra practice, project planning, research, and more.



The Barracuda Swim Club is a non-profit club providing professional swim instruction, training and coaching for children and adults within The Bahamas. It is one of the oldest, continually active swim clubs in The Bahamas. We have placed swimmers on national teams across the spectrum of swimming. We have also coached and mentored many more swimmers towards athletic, academic and social excellence.

We run the following swim programmes:

- An age group competitive program
- Youth Learn to Swim
- Adult Learn to Swim
- Masters swimming programming

Whether your goal is to develop physical fitness and have fun while learning skills appropriate for local events, or to develop skills for the national or international stage, there is a place for you in the Barracuda Swim Club. Our goal is to provide the tools and direction necessary to bring out the ultimate potential of all the swimmers.



Short Game is a practice and training facility that offers group and individual golf instruction for juniors/adults during after school hours or by appointment. Lessons may be indoor or outdoor depending on the type of instruction relayed.

Students from Saint Andrew's School are currently enrolled in our after school program on Tuesdays and Thursdays which are held from 3:30 - 5:00pm. With Golf as a sport option, we think this will enhance the school experience for students that play golf or want to learn the game. Overtime more students will want to play golf not just for sport but also for fun. Having this added feature to the sporting complex is a big advantage compared to other schools in the eastern area.

Short Game has agreed to provide Saint Andrew's with 15 hours of golf instruction for students of grade 6 thru 10, with each grade receiving 3 hours of instruction. Short Game will provide any necessary equipment for these instruction periods.

Short Game will conduct two golf house days at the facility. This will create more awareness that golf is available as a sport option.

St Andrew's staff will have access to the golf facility as well.

We look forward to working with the primary school students also and a long lasting partnership with Saint Andrew's School for many years to come.



The Junior Baseball League of Nassau (JBLN) has proudly served the community for 36 years, rooted in Nassau East at our very own "Field of Dreams." Since our inception, we have partnered with St. Andrew's School, sharing communal space and creating opportunities for its students to develop both athletic and life skills. Through this partnership, St Andrew's kids are not only taught the fundamentals of baseball and softball, but also the values of discipline, respect, honesty, and teamwork.

JBLN is dedicated to shaping the lives of children through the game, going far beyond teaching athletic techniques. Our league fosters personal growth, healthy living, and sportsmanship while providing a safe, positive environment where children and families can flourish. By engaging in regulated competitive play, participants gain the physical and mental tools needed to succeed both on and off the field.

With every practice and game, we instill life lessons in perseverance, goal setting, and graciousness in both victory and defeat. More than just a sports program, JBLN has become a foundation for leadership and community, uniting families and inspiring future generations. In every way, we continue building a stronger nation through youth and athletics.



ST ANDREW'S

INTERNATIONAL SCHOOL